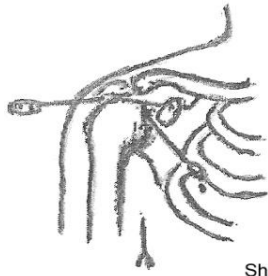
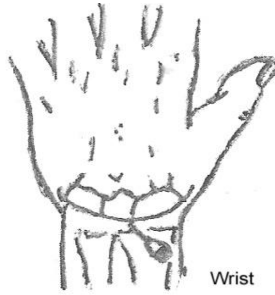


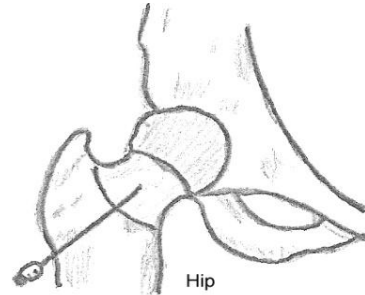
## Information about your: **ARTHROGRAM**



Shoulder



Wrist



Hip

### **WHAT IT IS:**

- An arthrogram is the study of the inside of a joint. The purpose is to evaluate the joint for torn cartilage, ligaments, or capsules.

### **PREPARATION AND REMINDERS:**

- Arrive 15 minutes early for the test
- Please take any pain medications before arriving
- There are no restrictions on eating or drinking

### **MEDICATION ALERT:**

- If you are allergic to iodine, Xylocaine, gadolinium or Betadine  
Alert our office at the time you schedule your appointment

### **HOW IS IT DONE:**

- The technologist will describe what to expect during the exam and ask you to sign a consent form.
- You may be asked to change into a gown and then lie down on the CT table
- The radiologist will sterilize the skin over the joint and may numb the skin with a local anesthetic
- The radiologist will then place a 1-3 inch needle into the joint space and inject contrast
- After the injection you will be moved to the MRI room for images of your joint.

### **TIME:**

- This test will take approximately 1-1/2 to 2 hours.

### **AFTER THE TEST:**

- You may have mild discomfort in the joint for a few hours after the test.
- Limit your activities of the joint for at least:

**If you have any questions/concerns, please give us a call at 447-6000 !**